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Instructions Following Crown, Bridge, or Veneer Work

You have just received the most advanced cosmetic veneer, crown or bridge available today. We are pleased that you are as committed to high quality dentistry as we are, and it is our privilege to provide this service for you.

Just a few reminders:

1. The cement is already set, and your veneer, crown or bridge is ready for use.
2. You may experience some minor gum soreness following cementation. This should diminish in a few days, but can be helped by using warm salt water rinses, which speed up the healing of gum tissue.
3. The bite may feel slightly high on your new tooth, or you may feel a tight feeling between the teeth. This feeling should subside gradually; however, if this is not the case, please call our office and come in for a quick bite adjustment. If you had many teeth treated, it may take some time to get used to.
4. Sensitivity from a treated tooth is common. As the teeth become accustomed to the veneer, crown or bridge, this sensitivity should go away. This usually happens within a few days but can take as long as six to eight weeks.
5. In a small percentage of cases involving teeth with previously deep fillings, the pulp (nerve of the tooth) can become permanently irritated and inflamed. This can lead to the pulp dying and present the need for a root canal filling. A root canal involves the removal of deceased or dead pulpal tissue and placement of a canal filling. If one of your treated teeth becomes very sensitive to biting or develops lingering sensitivity to cold after the cold item is removed from your tooth, you may require a root canal.
6. If your front teeth have been treated, you may find that it takes several days for you to adjust your speech patterns to the new tooth position or shapes. Reading out loud in private for 20 to 30 minutes is often helpful.

We recommend professional maintenance and evaluation at least twice a year. If you have a history of periodontal (gum) disease, you should see us for professional scaling a minimum of four times per year. It is important to maintain proper care as it will not only prolong the life of the restoration but will also help to prevent problems elsewhere in your mouth.

Please call our office at 416-961-2273 if you have any questions. We care about you and want you to be as comfortable as possible!