

Important Information Following Your Child's Sedation/Anaesthesia

1. The time your child needs to fully recover and feel 'back to normal' will usually vary depending on the total amount of anaesthetic drugs required during their appointment. We use the least amount of drug needed. That amount varies with:
 - a. Their own individual tolerance for sedative/anaesthetic drugs
 - b. The length of their appointment and amount of treatment performed
2. You must take your child directly home after their appointment and remain there with them until they have fully recovered. They should relax or sleep, but be sure they eat and drink also.
3. It is very important that you encourage your child to drink a plentiful quantity of fluids during the remainder of the day of their appointment and every day after that they feel residual effects of their sedation. Caffeinated drinks like Coke or Pepsi may help them feel more alert.
4. It is also very important that they get good nutrition. Your child must eat today and tomorrow! If they need a 'soft chew' diet because of their dental treatment, we can provide suggestions. Good nutrition and calories ('fuel') are important for their recovery.
5. Be sure to immediately fill the prescriptions given to you for your child and ensure they are taken as directed. They should take all other prescription medications as usual.
6. It is normal for the anaesthetic drugs to cause some vagueness of memory for a few hours after your child awakens. Do not be alarmed if they do not remember every detail about things in the time immediately after their appointment.
7. If you have any problems, concerns or questions please call us immediately and speak with one of our registered nurses at 416-961-2273 or page the doctor on call at 416-988-3772.